

2022

MONTHLY REPORT- MAY

EARLY INTERVENTION



Contents

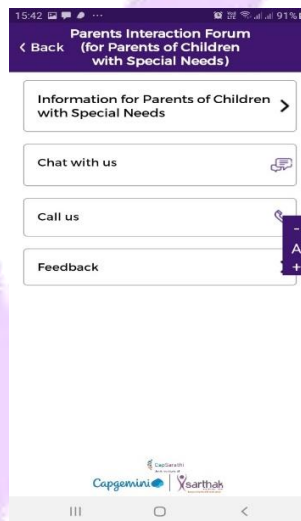
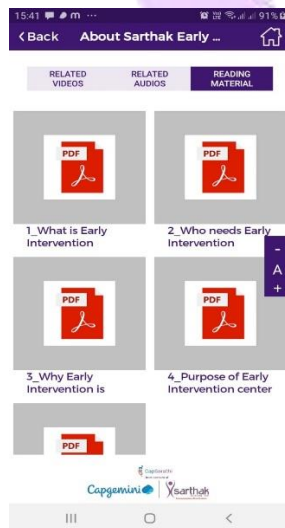
Topic	Page No.
Early Intervention Progress Update	3
Success Stories	4
Early Intervention overview	6
Become a part of the mission	7

CapSarathi- Information Portal

CapSarathi is a joint initiative by Capgemini and Sarthak Educational Trust. An accessible platform for disability Categories.

Services such as Counseling, Guidance, Early Intervention, Education, educational material, parents' interaction forum, etc.

For more information & download link, please visit- sarthakindia.org/Capsarathi



Early Intervention Program – Rehabilitating Children with Special Needs (Progress- May 2022)

We have 2 early intervention centres in Ghaziabad and West Delhi and rehabilitated 2670 + children through them.

	Component		
I.	Mobilization	West Delhi	Ghaziabad
	Total Entries in MIS	2508	3328
	Kids Enrolled	55	26
II.	Program Review		
	Registration	55	32
	Case history	100	82
	Developmental Screening	100	82
	Assessment	90	76
	Therapeutic management	100	82
	Review of goals	78	56
	Therapy sessions	72 sessions per week	72 sessions per week

Success stories at Early intervention Centers



Arya – Sarthak Early Intervention Center

When we started with the Early Intervention program, our thought was simple -Instead of helping them overcome their disabilities let's try to help them maximize their abilities.

Today, several kids with special needs are a part of our family. Sharing the story of another beautiful child –Arya. Arya is 5year-old girl with hearing impairment. Her family was overwhelmed as they welcomed their bundle of joy until they noticed something unusual.

Her parents detected that she did not respond to sounds on name-calling at the age of 8 months. This intrigued them and they went for BERA.

There, she was diagnosed with Hearing Impairment. Nobody would expect something like that when the baby looked perfectly alright!! This was obviously the most disturbing news for them as parents.

However, they shook the sorrow off their shoulders soon and started to look for solutions to comfort their baby and to make her life normal as other kids.

She used hearing aids at the age of 2 years but did not get any response from hearing aids too. Then they went for Cochlear Implant at the age 4 years. But post that too, the child was not able to hear any sound, could not respond to words, and did not follow verbal commands. She only used and understand gestures. When somebody told them about Sarthak, they found a ray of hope.

They consulted with Sarthak Early Intervention team of professionals, who suggested speech therapy and special education. She could understand visual cues and takes help of her special educators.

After continuous online sessions both telephonic as well as online, her auditory skills and speech started improving.

Currently, Arya is able to stay attentive during activities. She can respond with words when asked from behind. She can understand simple questions and answers verbally. She can count numbers 1-20, and identify and name common animals, vegetables and fruits. She can greet by saying namaste. Her both receptive & expressive vocabulary have also improved.

Parents are happy to see her change. Now she asks for her needs verbally. They are thankful to Sarthak for their constant support and guidance.

Atharv– Sarthak Early Intervention Center



For Atharv's family, Sarthak has become a home away from home, a place where he found love and support. The family looks forward to continued support and growth in their child's development journey with Sarthak and we can't be happier growing as we see him growing and glowing every day.

Atharv is a 4 years old child. Although, he was born as a full-term baby & his birth weight was age-appropriate too, his mother recalls that his birth cry was delayed and as he grew up, developmental milestones were also found to be delayed.

The family reported this to the doctor and Atharv was diagnosed with Down syndrome.

Down's syndrome is a genetic disorder caused when abnormal cell division results in extra pair of chromosome. Down's syndrome causes intellectual disability and developmental delays and also distinct facial appearances.

Initially, His parents didn't understand how they would tackle this challenge and help their child lead a normal life. They took the doctor's advice who suggested multiple therapies that were expensive. And, the family didn't know, where to get help from. Atharv's mother felt miserable as the child wouldn't respond to her voice and didn't mix up with other kids of his age. Soon, with the help of our mobilization team, Atharv's mother got associated with Sarthak, and he was enrolled for therapies after taking a detailed case history.

The therapist at the centre noted chief complaints according to his parents such as lack of attention, difficulty in speaking, and holding things in hand & inability to walk properly.

After evaluation, Atharv was enrolled for Speech & Occupational Therapy and special education. Due to COVID-19, online sessions are being conducted and regular follow-ups are done to train his mother regarding activities. Gradually with telephonic and online sessions, now the child has started improving and currently, his attention skill is slightly improved, also improved sitting span is another development. The child is able to pick and hold toys in hand and tries to communicate.

Atharv's parents are happy that the child started learning new things, enjoys being himself and has fun with other kids.

Early Intervention at Sarthak Children with special needs

Early Intervention Services are special services for infants and toddlers at risk for developmental delays. These services are designed to identify and meet children's needs in five developmental areas. These are physical, cognitive, communication, social or emotional development, sensory and adaptive development.

Early intervention focuses on helping eligible babies and toddlers learn the basic and brand-new skills that typically develop during the first three years of life.

Know Our Early Intervention Team -

- To prevent developmental delay and disability.
- **Psychologist** - To counsel, conduct comprehensive assessment & Recommend therapies
- **Occupational Therapist** - To improve fine & gross motor skills.
- **Speech Therapist** - To improve speech & language skills
- **Special Educator** - Concept building using Teaching Learning Materials (TLM)

Kids Activities at the Centre

Activities are organized with the objective -

- To Maximize the child's residual capacity, social skills and encourage participation.
- To increase the involvement of the child with other children that enhance the child's development

Activities such as- Art & craft, Games, Socialization & Recreational activities, Festival celebrations etc are carried out to encourage kids to participate in different things.

Online guidance and Home Based Activities for Parents of Children with Special Needs available on our youtube channel- www.youtube.com/playlist/earlyintervention



Join us For the Cause

Sarthak is running this program to prevent, identify and then eliminate the disabilities that are the biggest barrier to inclusion. Let's work towards ensuring that all the children enter school, equipped with the skills they need, to succeed. Let's work towards empowering persons with disability.

For more details contact:

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Support Sarthak

Donate to Empower Persons with Disability

Vocational Skilling & Sustainable Employment

Early Intervention Services

COVID 19

Global Resource Center for PwDs

Pledge for doing your share to keep the Childhood as beautiful as it should be by supporting

- A child's therapy of a week: INR 1,375
- A child's therapy of 15 days: INR 2,750
- A child's therapy of 30 days: INR 5,500
- Activities/events for promoting awareness to curb disability through precautionary measures: INR 10,000



Donation Account details-

Indian Account Holders

Account Name: SARTHAK EDUCATIONAL TRUST
Account No. : 058710100020302
Account Type : Saving Account
Bank Name : Union bank of India
Branch : Lawrence Road
IFSC Code : UBIN0805874
MICR Code : 1100226174
Swift Code : ANDBINBBXXX

Foreign Donors

Account Name: SARTHAK EDUCATIONAL TRUST
Account No. : 39819752476
Account Type : Saving Account
Bank Name : State Bank of India
Branch : New Delhi Main Branch
IFSC Code : SBIN0000691
Swift Code : SBININBB104